# NutriDyn

## Hyaluronic Acid

Support for Healthy Connective Tissue and Collagen<sup>\*</sup>

### Hyaluronic Acid Supplementation

NutriDyn Hyaluronic Acid is a nutritional supplement containing pure hyaluronic acid, a unique polysaccharide that works to support joint health and function.<sup>•</sup> Ongoing research suggests that oral hyaluronic acid may be beneficial for supporting joint movement and lubrication, as well as healthy cartilage and synovial fluid status.<sup>•1</sup>

Read on to learn more about what exactly hyaluronic acid is, how it works to support healthy joints and cartilage, and how to use it effectively.\*

NutriDyn Hyaluronic Acid contains pure hyaluronic acid, which works to support overall joint function and integrity in a variety of ways.<sup>+</sup> Benefits and quality differences of NutriDyn Hyaluronic Acid include:

- Supports joint and cartilage function and integrity\*
- Helps support synovial fluid health in articulations\*
- Supports joint lubrication and movement\*
- Helps with minor joint discomfort\*
- Supports skin tissue\*



NON-GMO CGMP FACILITY

#### How Hyaluronic Acid Works

Hyaluronic acid is an organic substance made naturally in humans and is a major component of the synovial fluid that lubricates joints. If your body doesn't produce enough hyaluronic acid, your joints are susceptible to a limited range of movement and discomfort due to lack of synovial fluid (which helps cushion joints and allows them to move freely).

Research has shown that individuals with arthritis typically have low levels of hyaluronic acid.<sup>2</sup> Further evidence suggests that hyaluronic acid supplementation can help support healthy joint and cartilage integrity.<sup>4</sup><sup>3</sup>

Hyaluronic acid is also a crucial component of other human tissues, particularly the skin, working to support moisture retention and cellular hydration.<sup>4</sup>

### **Supplement Facts**

Serving Size: 1 Capsule Servings Per Container: 100

#### Amount Per Serving

Hyaluronic Acid (as sodium hyaluronate) 100 mg

%DV

Other Ingredients: Hypromellose, microcrystalline cellulose, vegetable magnesium stearate, silica.

Directions: Take as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

#### **References:**

- Kogan, G., Šoltés, L., Stern, R., & Gemeiner, P. (2007). Hyaluronic acid: a natural biopolymer with a broad range of biomedical and industrial applications. *Biotechnology letters*, 29(1), 17-25.
- Lo, G. H., LaValley, M., McAlindon, T., & Felson, D. T. (2003). Intra-articular hyaluronic acid in treatment of knee osteoarthritis: a meta-analysis. *Jama*, 290(23), 3115-3121.
- Price, R. D., Berry, M. G., & Navsaria, H. A. (2007). Hyaluronic acid: the scientific and clinical evidence. *Journal of Plastic, Reconstructive & Aesthetic Surgery*, 60(10), 1110–1119.
- Brown, M. B., & Jones, S. A. (2005). Hyaluronic acid: a unique topical vehicle for the localized delivery of drugs to the skin. *Journal of the European Academy of Dermatology and Venereology*, 19(3), 308-318.

• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: www.nutridyn.com